

# 萬佛聖城地藏七時間表

Earth Store Bodhisattva Recitation Session  
At the City of Ten Thousand Buddhas

8/28 - - 9/3/16

<b>Morning</b>		<b>A M</b>
4:00 - 5:00	早課	Morning Recitation
5:00 - 6:00	拜願	Universal Bowing
6:15 - 6:45	早齋 / 打坐	Breakfast / Meditation
<b>7:15 - 8:00</b>	<b>地藏經 (上)</b>	<b>Earth Store Sutra Recitation (Roll I)</b>
<b>8:00 - 9:00</b>	<b>地藏經 (中)</b> / 繞念	<b>Earth Store Sutra Recitation (Roll II)</b> / Walking Recitation
9:00 - 9:30	坐念	Seated Recitation
9:30 - 10:00	止靜 / 迴向	Silent Recitation / <b>Transference</b>
<b>10:20 - 11:00</b>	<b>上供 / 延生堂迴向</b>	<b>Meal Offering / Transference in the Long Life Hall</b>
11:00 - 11:50	午齋	Lunch
<b>Afternoon</b>		<b>P M</b>
<b>1:00 - 2:00</b>	<b>地藏經 (下)</b> / 繞念	<b>Earth Store Sutra Recitation (Roll III)</b> / Walking Recitation
2:00 - 2:30	坐念	Seated Recitation
2:30 - 3:00	止靜	Silent Recitation
3:00 - 3:30	繞念	Walking Recitation
3:30 - 4:00	坐念	Seated Recitation
4:00 - 4:30	止靜	Silent Recitation
<b>4:30 - 5:00</b>	<b>往生堂迴向</b>	<b>Transference in the Rebirth Hall</b>
5:15 - 5:45	晚餐 (居士)	Dinner (Laitiy)
<b>Evening</b>		<b>P M</b>
6:30 - 7:30	晚課	Evening Recitation
7:30 - 9:00	開示	Lecture
<b>9:00 - 9:40</b>	<b>大迴向</b>	<b>Great Transference</b>