

萬佛聖城觀音七時間表

Daily Schedule for Guan Shr Yin Bodhisattva
 Recitation Session at the City of 10,000 Buddhas
 10/17 - 10/22/2016

Morning AM		
4:00 — 5:00	早課	Morning Recitation
5:00 — 6:00	拜願	Bowing
6:15 — 6:45	早齋/打坐	Breakfast / Meditation
7:15 — 8:30	普門品/繞念	Universal Door Chapter / Walking Recitation
8:30 — 9:00	坐念	Seated Recitation
9:00 — 9:30	止靜	Silent Recitation
9:30 — 10:00	繞念/回向	Walking Recitation / Transference
10:20 — 11:00	上供/延生堂回向	Meal Offering / Transference in the Long Life Hall
11:00 — 11:50	午齋	Lunch
Afternoon PM		
1:00 — 2:30	普門品/繞念	Universal Door Chapter / Walking Recitation
2:30 - 3:00	坐念	Seated Recitation
3:00 - 3:30	止靜	Silent Recitation
3:30 - 4:00	繞念	Walking Recitation
4:00 - 4:30	坐念	Seated Recitation
4:30 — 5:00	往生堂回向	Transference in the Rebirth Hall
5:15 — 5:45	晚餐(居士)	Dinner (Laity)
Evening PM		
6:30 — 7:30	晚課	Evening Recitation
7:30 — 9:00	開示	Lecture
9:00 — 9:40	大回向	Great Transference