

萬佛聖城觀音七時間表

Daily Schedule for Guan Shr Yin Bodhisattva Recitation Session at the City of 10,000 Buddhas

10/13 - - 10/18/2014

| Morning | | AM |
|----------------------|-------------------|---|
| 4:00 – 5:00 | 早課 | Morning Recitation |
| 5:00 – 6:00 | 拜願 | Bowing |
| 6:15 – 6:45 | 早齋 / 打坐 | Breakfast / Meditation |
| 7:15 – 8:30 | 普門品 / 繞念 | Universal Door Chapter / Walking Recitation |
| 8:30 – 9:00 | 坐念 | Seated Recitation |
| 9:00 – 9:30 | 止靜 | Silent Recitation |
| 9:30 – 10:00 | 繞念 / 迴向 | Walking Recitation / Transference |
| 10:20 – 11:00 | 上供 / 延生堂迴向 | Meal Offering / Transference in the Long Life Hall |
| 11:00 – 11:50 | 午齋 | Lunch |
| Afternoon | | PM |
| 12:45 – 2:00 | 普門品 / 繞念 | Universal Door Chapter / Walking Recitation |
| 2:00 – 2:30 | 坐念 | Seated Recitation |
| 2:30 – 3:00 | 止靜 | Silent Recitation |
| 3:00 – 3:30 | 繞念 | Walking Recitation |
| 3:30 – 4:00 | 坐念 | Seated Recitation |
| 4:00 – 4:30 | 止靜 | Silent Recitation |
| 4:30 – 5:00 | 往生堂迴向 | Transference in the Rebirth Hall |
| 5:15 – 5:45 | 晚餐 (居士) | Dinner (Laitiy) |
| Evening | | PM |
| 6:30 – 7:30 | 晚課 | Evening Recitation |
| 7:30 – 9:00 | 開示 | Lecture |
| 9:00 – 9:40 | 大迴向 | Great Transference |