

# 萬佛聖城阿彌陀佛法會時間表

## Schedule of the Amitabha Buddha Recitation Session at the City of Ten Thousand Buddhas

12/16 -- 12/21/2024

Morning		AM
4:00 – 5:00	早課	Morning Recitation
5:00 – 6:00	拜願	Bowing
6:15 – 6:45	早齋 / 打坐	Breakfast / Meditation
<b>7:15 – 8:00</b>	<b>阿彌陀經 / 繞念</b>	<b>Amitabha Sutra / Walking Recitation</b>
8:00 – 8:30	坐念	Seated Recitation
8:30 – 9:00	止靜	Silent Recitation
9:00 – 9:30	繞念	Walking Recitation
9:30 – 10:00	坐念 / 迴向	Seated Recitation / Transference
<b>10:20 – 10:50</b>	<b>上供 / 延生堂迴向</b>	<b>Meal Offering / Transference in the Long Life Hall</b>
11:00 – 12:00	午齋	Lunch
Afternoon		PM
<b>1:15 – 2:00</b>	<b>阿彌陀經 / 繞念</b>	<b>Amitabha Sutra / Walking Recitation</b>
2:00 – 2:30	坐念	Seated Recitation
2:30 – 3:00	止靜	Silent Recitation
3:00 – 3:30	繞念	Walking Recitation
3:30 – 4:00	坐念	Seated Recitation
4:00 – 4:30	止靜	Silent Recitation
<b>4:30 – 5:00</b>	<b>往生堂迴向</b>	<b>Transference in the Rebirth Hall</b>
5:00 – 6:30	工作 / 自修 / 打坐	Work / Self-Study / Meditation
Evening		PM
6:30 – 7:30	晚課	Evening Recitation
7:30 – 9:00	聽經	Lecture
<b>9:00 – 9:40</b>	<b>大迴向</b>	<b>Great Transference</b>