

# 萬佛聖城萬佛寶懺時間表

## Daily Schedule for 10,000 Buddhas Repentance at the City of Ten Thousand Buddhas

5/5 - - 5/27/14

Morning		AM
4:00 – 5:00	早課	Morning Recitation
5:00 – 6:00	打坐	Meditation
6:15 – 6:45	早齋 / 打坐	Breakfast / Meditation
<b>7:00 – 7:50</b>	<b>拜佛</b> (第一支香)	<b>Bowing</b> (1 <sup>st</sup> period)
7:50 – 8:05	休息	Break
<b>8:05 – 8:55</b>	<b>拜佛</b> (第二支香)	<b>Bowing</b> (2 <sup>nd</sup> period)
8:55 – 9:10	休息	Break
<b>9:10 – 10:00</b>	<b>拜佛</b> (第三支香)	<b>Bowing</b> (3 <sup>rd</sup> period)
<b>10:20 – 11:00</b>	上供 / 回向	Meal Offering / <b>Transference</b>
11:00 – 11:50	午齋	Lunch
Afternoon		PM
<b>1:00 – 1:50</b>	<b>拜佛</b> (第四支香)	<b>Bowing</b> (4 <sup>th</sup> period)
1:50 – 2:05	休息	Break
<b>2:05 – 2:55</b>	<b>拜佛</b> (第五支香)	<b>Bowing</b> (5 <sup>th</sup> period)
2:55 – 3:10	休息	Break
<b>3:10 – 4:00</b>	<b>拜佛</b> (第六支香)	<b>Bowing</b> (6 <sup>th</sup> period)
4:00 – 4:15	休息	Break
<b>4:15 – 5:00</b>	<b>往生堂回向</b> <b>/ 大回向</b>	<b>Transference in the Rebirth Hall</b> <b>/ The Great Transference</b>
5:15 – 5:45	晚餐 (居士)	Dinner (Laity)
Evening		PM
6:30 – 7:30	晚課	Evening Recitation
7:30 – 9:00	聽經	Lecture
9:00 – 9:30	咒心	Mantra Recitation